

MCW July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 11:00 Documentary 1:30 Music appreciation  3:30 Sensory time	2 *Footy tipping 11:00 Snakes & ladders 1:30 Pinecone craft 2:45 Exercise w physio	3 10:30 Singalong 2:00 Catholic Mass 	4 1:30 Movie matinee	
	5 NAIDOC WEEK 11:30 Songs of praise 1:30 Movie matinee	6 11:00 Visit from NIDO 1:30 Hookey  3:00 1:1 Room visits	7 11:00 Fun with Michelle 2:00 Afternoon tea with Veronica 3:30 Exercise w physio	8 11:00 Skittle lane 1:30 Terrarium making  3:30 Sensory time	9 *Footy tipping 11:00 Baptist Church 1:30 Armchair travel 2:45 Exercise w physio 3:30 Sensory time	10 10:30 Singalong 1:30 Sips & giggles in VLH 	11 1:30 Movie matinee
	12 11:30 Songs of praise 1:30 Movie matinee	13 11:00 Trivia w Veronica 1:45 Albys café 3:00 1:1 Room visits	BASTILLE DAY 14 11:00 Dominoes 1:30 Bunnings 3:30 Exercise w physio	15 11:00 Build a word 1:30 Music appreciation 3:30 Sensory time	16 *Footy tipping 11:00 Snakes & ladders 1:30 Unreal world tour 2:45 Exercise w physio	17 10:30 Singalong 1:30 Alby’s scones – Make your own	18 1:30 Movie matinee
	19 11:30 Songs of praise 1:30 Movie matinee	20 WINTER FROLICS 11:30 Pub lunch outing 2:00 Pamper & nails 	21 11:00 Cards 2:00 Afternoon tea with Veronica 3:30 Exercise w physio	22 11:00 Twisted treats 2:00 Dog show 	23 *Footy tipping 11:00 Snakes & ladders 2:00 Church of Christ	24 10:30 Singalong 2:00 Hot choccie & Hotcakes in MCW 	25 1:30 Movie matinee
	26 11:30 Songs of praise 1:30 Movie matinee	27 11:00 Table games 1:30 Singalong with Veronica 3:00 1:1 Room visits	28 11:00 Dominoes 2:00 Afternoon tea with Veronica 3:30 Exercise w physio	29 11:00 Bean bag pot shot 1:30 Bus outing 	30 *Footy tipping 11:00 Snakes & ladders 1:30 Uno card game 2:45 Exercise w physio	31 10:30 Singalong 2:00 July Jingles afternoon tea	*Activities subject to change. Please view the noticeboards that are updated daily.