





OCTOBER 2021

MCW & VLH CALENDER



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 4th 10am Walking Group VHL 11:00am Remember when/ Current affairs 1.30pm BINGO 3:00pm Walking Group	 5th 10am Walking Group VHL 11am Balance to Live with physio 12-1pm OKTOBERFEST Lunch Menu 1:30pm Armchair Travel to Germany 3:00pm Room Visits	 6th 11am Trivia 11am Balance to live with Physio VLH 1:30pm BINGO 3:00pm Room Visits	 7th 10am Walking Group VLH 11am Mind Benders 1:30pm Choir with Rosemary 3:00pm Room Visits	1st 10am Walking Group VHL 10.30am – Sing along with Volunteers 2:00 Catholic Church Service VLH 3:00pm Room Visits 8th Walking Group VHL 10.30am Sing along with Volunteers 1.30pm Happy Hour 3:00pm Room Visits	2nd 1.30pm Drama Netflix Movie - Hachi; A Dog's Tale 9th 1.30pm Drama Netflix Movie -Fatherhood	3rd 11.30am Songs of Praise 1.30pm Christian Drama Netflix Movie -90 Minutes in Heaven 10th 11.30am Songs of Praise 1.30pm Comedy Drama Netflix Movie -Daddy Day Care
11th 10am Walking Group VHL 11:00am Remember when/ Current affairs 1.30pm BINGO 3:00pm Walking Group	12th 10am Walking Group VHL 11am Balance to Live with physio 2.00pm Breast cancer fundraising afternoon Tea VLH 3:00pm Room Visits	13th 11am Memory Lane 11am Balance to live with Physio VLH 1:30pm BINGO 3:00pm Room Visits	14th 10am Walking Group VHL 11am Baptist Church Service VLH 1.30pm Op Shop with Meg 3:00pm Walking Group	15th 10am Walking Group VHL 10:30am – Sing along with Volunteers 1:30pm Happy Hour 3:00pm Room Visits	16th 1.30pm Independent Drama Netflix Movie- The DIG	17th 11.30am Songs of Praise 1.30pm Drama Netflix Movie - The Secret Garden
18th 10am Walking Group VHL 11:00am Remember when/ Current affairs 1.30pm BINGO 3:00pm Walking Group	19th 10am Walking Group VHL 11am Balance to Live with Physio 1.30pm Toss it with Words 3:00pm Room Visits	20th 11am Snakes & Ladders 11am Balance to live with Physio VLH 1:30pm BINGO 3:00pm Room Visits	21st 10am Walking Group VHL 11am Did You Know? 1.30pm Choir with Rosemary 3:00pm Room Visits	22nd 10am Walking Group VHL 10:30am – Sing along with Volunteers 1:30pm Happy Hour 3:00pm Room Visits	23rd 1.30pm Family Drama Netflix Movie- ODDBALL	24th 11.30am Songs of Praise 1.30pm Musical Netflix Movie - ANNIE
25th 10am Walking Group VHL 11am Quiz Game/Current Affairs 1.30pm BINGO 3.00pm Walking Group	26th 10am Walking Group VHL 11:00am Balance to Live with Physio 1.30pm Alby's Cafe 3.00pm Room visits	27th 11am Toss it 11am Balance to live with Physio VLH 1:30pm BINGO 3:00pm Room Visits	28th 10am Walking Group VHL 11.00am Floor Games 11am Church of church service 1:30pm Choir with Rosemary 3:00pm Walking Group	29th 10am Walking Group VHL 10:30am – Sing along with Volunteers 1:30pm Happy Hour 3:00pm Room Visits	30th 1.30pm Family Drama Netflix Movie- MATLIDA	31st 11.30am Songs of Praise 1.30pm Christian Netflix Movie -INTERVIEW WITH GOD

Due to unforeseen circumstances Activities may change or vary, please check daily Activity Board