


















November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1</p> <p> 10:00am Walking Group 11am Cup Day Craft 1.30pm BINGO 3.00pm Room Visits</p>	<p>2</p> <p> CUP DAY PUBLIC HOLIDAY HORSE RACING ON Melbourne Cup</p>	<p>3</p> <p>11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits</p>	<p>4</p> <p>10:00am Walking Group 11am Acrylic Flow painting with Dean 1:30pm Oaks Day celebrations in VLH 3:00pm Room Visits</p>	<p>5</p> <p>10am Walking Group 11am Gentle Exercises & Poetry 2.00pm Catholic Church Service 3:00pm Room Visits</p>	<p>6</p> <p>1.30pm Comedy Drama Netflix Movie - Crackerjack </p>	<p>7</p> <p>11.30am Songs of Praise 1.30pm Drama Movie – Benji </p>
<p>8</p> <p>10:00am Walking Group 11am Christmas song practice 1.30pm BINGO 3:00pm Room Visits</p>	<p>9</p> <p> 10am Walking Group 11am Art & Craft with Meg 1.30pm Alby's Café 3:00pm Room Visits</p>	<p>10</p> <p>10.30am ADVOCACY AND UNDERSTANDING YOUR RIGHTS IN AGED CARE 11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits</p>	<p>11</p> <p> 10am Walking Group 10:45 am Remembrance Day Service 1:30pm Remembrance Day History on TV Remembrance Day</p>	<p>12</p> <p>10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour with food& drinks 3:00pm Room Visits</p>	<p>13</p> <p> 1.30pm Drama Netflix Movie – The Dish </p>	<p>14</p> <p>11.30am Songs of Praise 1.30pm Drama Netflix – The Water Horse </p>
<p>15</p> <p>10:00am Walking Group 11:00am News & Views 1:30pm BINGO 3:00pm Room Visits</p>	<p>16</p> <p>10am Walking Group 11am Singing Group with Florence 1:30pm Alby's Café 3:00pm Room Visits</p>	<p>17</p> <p>11am Balance to live with Physio 1.30pm BINGO 3:00pm Room Visits</p>	<p>18</p> <p> 10am Walking Group 11am Baptist Church Service 1:30pm Op Shop with Meg 3:00pm Room Visits</p>	<p>19</p> <p>10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour with food& drinks 3:00pm Room Visits</p>	<p>20</p> <p>1.30pm Drama Netflix Movie – The Merger </p>	<p>21</p> <p> 11.30am Songs of Praise 1.30pm Drama Netflix Movie – Lion <small>World TV Day World Hello Day</small></p>
<p>22</p> <p>10:00am Walking Group 11am Christmas song practice 1:30pm BINGO 3:00pm Room visits</p>	<p>23</p> <p>10am Walking Group 11am Art & Craft with Meg 1:30pm Alby's Café 3:00pm Room Visits</p>	<p>24</p> <p>11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits</p>	<p>25</p> <p>10am Walking Group 11:00am Church of Christ Service 1.30pm Discussion Group 3:00pm Room Visits</p>	<p>26</p> <p>10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour/Quiz 3:00pm Room Visits</p>	<p>27</p> <p>1.30pm Drama Netflix Movie – King's Speak </p>	<p>28</p> <p> 11.30am Songs of Praise 1.30pm Drama Netflix Movie – Paper Planes <small>Advent</small></p>
<p>29</p> <p>10:00am Walking Group 11am News & Views 1:30pm BINGO 3:00pm Room Visits</p>	<p>30</p> <p>10am Walking Group 11am Singing Group with Florence 1:30pm Armchair Travel 3:00pm Room Visits</p>	  				

Due to unforeseen circumstances Activities may change or vary, please check daily Activity board.