





OCTOBER 2021

Violet Lambert House
Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1st International Day of Older Persons Day 10am Walking Group 11am Gentle Exercises 2.00pm Catholic Church Service 3:00pm Room Visits	2nd 1.30pm Drama Movie – Hachi; A dog's Tale - NETFLIX	3rd 11.30am Songs of Praise 1.30pm Christian Drama Movie – 90 Minutes in Heaven - NETFLIX
4th 10:00am Walking Group 11am Mind Benders 1.30pm BINGO 3.00pm Room Visits	5th 10am Walking Group 11am Trivia 12-1pm German Lunch Menu all areas 1.30pm Oktoberfest themed Alby's Cafe 3:00pm Room Visits	6th 11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits	7th 10am Walking Group 11am Table Games 1:30pm Cooking with Chef Leonie 3:00pm Room Visits	8th 10am Walking Group 11:00am Gentle Exercises 1:30pm Food Focus Committee Meeting 2.00pm Happy Hour with Drinks 3:00pm Room Visits	9th 1.30pm Drama Movie – Fatherhood - NETFLIX	10th 11.30am Songs of Praise 1.30pm Comedy Movie Daddy Day Care - NETFLIX
11th 10:00am Walking Group 11:00am Quits 1:30pm BINGO 3:00pm Room Visits	12th 10am Walking Group 11am Discussion Group 2:00pm Breast Cancer Fundraising Afternoon Tea 3:00pm Room Visits	13th 11am Balance to live with Physio 1.30pm BINGO 3:00pm Room Visits	14th 10am Walking Group 11am Baptist Church Service 1:30pm Op Shop with Meg 3:00pm Room Visits	15th 10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour with Drinks 3:00pm Room Visits	16th 1.30pm Independent Drama Movie – The DIG - NETFLIX	17th 11.30am Songs of Praise 1.30pm Drama Movie – The Secret Garden - NETFLIX
18th 10:00am Walking Group 11am Word Games 1:30pm BINGO 3:00pm Room visits	19th 10am Walking Group 11am Quiz 1:30pm Alby's Cafe 3:00pm Room Visits	20th 11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits	21st 10am Walking Group 11:00am Floor Games 1.30pm History Talk 3:00pm Room Visits	22nd 10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour/Quiz and Drinks 3:00pm Room Visits	23rd 1.30pm Musical Drama Movie – Annie	24th 11.30am Songs of Praise 1.30pm Drama Movie – ODDBALL - NETFLIX
25th 10:00am Walking Group 11am Memory Lane 1:30pm BINGO 3:00pm Room Visits	26th 10am Walking Group 11am Reminiscing 1:30pm Alby's Cafe 3:00pm Room Visits	27th 11am Balance to live with Physio 1:30pm BINGO 3:00pm Room Visits	28th 10am Walking Group 11:00am Church of Christ Service 1.30pm Op Shop with Meg 3:00pm Room Visits	29th 10am Walking Group 11am Gentle Exercises 2.00pm Happy Hour with Drinks 3:00pm Room Visits	30th 1.30pm Drama Movie – MATILDA	31st 11.30am Songs of Praise 1.30pm Christian Drama Movie – INTERVIEW WITH GOD - NETFLIX

Due to unforeseen circumstances Activities may change or vary, please check daily Activity board.