








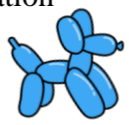




# SQUIRE - October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><u>International Day for Older Persons</u> 1</p> <p>11:15 Skittles 1:45 <b>Reflections of a lifetime</b> 2:30 Exercise with physio 3:30 Sensory stimulation</p>	<p>2</p> <p>11:15 Bean bag toss 1:45 Art and craft 2:30 Exercise group 3:30 Sensory stimulation</p> 	<p>3</p> <p>11:15 Snakes and ladders 1:45 Exercise with physio 2:30 Bingo! 3:30 Sensory stimulation</p>	<p><u>WORLD SMILE DAY</u> 4</p> <p>11:15 Smiley toss <b>2:00 Catholic Mass</b> 3:30 Sensory Stimulation</p> 	<p>5</p> <p>11:15 Quoits 1:30 Movie Matinee: Goodbye Charlie (YouTube) 3:30 Afternoon walks 4:00 Montessori activities</p>
<p>6</p> <p>11:15 Pamper and nails 1:30 Active games 3:30 Exercise group 4:00 Montessori activities</p>	<p>7</p> <p>11:15 Ball games 1:45 Balloon toss + Quoits 2:30 Afternoon tea in the garden 3:30 Sensory stimulation</p>	<p>8</p> <p>11:15 Skittles 1:45 Ping-Pong 2:30 Exercise with physio 3:30 Sensory stimulation</p> 	<p>9</p> <p>11:15 Bean bag toss 1:45 Art and craft 2:30 Exercise group 3:30 Sensory stimulation</p>	<p><u>World Mental Health Day</u> 10</p> <p><b>11:00 Baptist Church</b> 1:45 Exercise with physio 2:30 Tree of Thanks 3:30 Sensory stimulation</p>	<p>11</p> <p>11:15 Morning shenanigans 1:45 Adult colouring 2:30 Volleyball 3:30 Sensory stimulation</p>	<p>12</p> <p>11:15 Quoits 1:30 Movie Matinee: Summertime (YouTube) 3:30 Afternoon walks 4:00 Montessori activities</p>
<p>13</p> <p>11:15 Pamper and nails 1:30 Active games 3:30 Exercise group 4:00 Montessori activities</p> 	<p>14</p> <p>11:15 Ball games 1:45 Scrapbooking 2:30 Afternoon tea in the garden 3:30 Sensory stimulation</p>	<p>15</p> <p>11:15 Skittles 1:45 Ping-Pong 2:30 Exercise with physio 3:30 Sensory stimulation</p>	<p>16</p> <p>11:15 Bean bag toss 1:45 Art and craft 2:30 Exercise group 3:30 Sensory stimulation</p>	<p>17</p> <p>11:15 Snakes and ladders 1:45 Exercise with physio 2:30 Bingo! 3:30 Sensory stimulation</p> 	<p>18</p> <p><b>11:00 Communion</b> <b>1:45 High tea and Flower arranging</b> 2:30 Volleyball 3:30 Sensory stimulation</p> 	<p>19</p> <p>11:15 Quoits 1:30 Movie Matinee: The Lady and the Bandit (YouTube) 3:30 Afternoon walks 4:00 Montessori activities</p>
<p>20</p> <p>11:15 Pamper and nails 1:30 Active games 3:30 Exercise group 4:00 Montessori activities</p>	<p><u>CARNIVAL WEEK</u> 21</p> <p><b>11:15 Carnival games</b> 1:45 Circus Art &amp; Craft 2:30 Afternoon walks 3:30 Sensory stimulation</p> 	<p>22</p> <p>11:15 Skittles <b>1:45 Carnival Photobooth</b> 2:30 Exercise with physio 3:30 Sensory stimulation</p> 	<p>23</p> <p>11:15 Beanbag toss <b>2:00 Entertainer: Skylarkers</b> 3:30 Sensory stimulation</p> 	<p>24</p> <p>11:15 Snakes and ladders <b>2:00 Church of Christ</b> 3:30 Sensory stimulation</p>	<p>25</p> <p>11:15 Morning shenanigans <b>2:00 Entertainer: 'Stretch' the Clown</b> 3:30 Sensory stimulation</p> 	<p>26</p> <p>11:15 Quoits 1:30 Movie Matinee: One Way Street (YouTube) 3:30 Afternoon walks 4:00 Montessori activities</p>
<p>27</p> <p>11:15 Pamper and nails 1:30 Active games 3:30 Exercise group 4:00 Montessori activities</p>	<p>28</p> <p>11:15 Ball games 1:45 Double dash 2:30 Afternoon walks 3:30 Sensory stimulation</p>	<p>29</p> <p>11:15 Skittles 1:45 Pong 2:30 Exercise with physio 3:30 Sensory stimulation</p> 	<p>30</p> <p>11:15 Bean bag toss 1:45 Art and craft 2:30 Exercise group 3:30 Sensory stimulation</p>	<p><u>DIWALI</u> 31</p> <p>11:15 Snakes and ladders 1:45 Exercise with physio <b>2:30 Diwali Scrapbooking</b> 3:30 Sensory stimulation</p> 	<p>*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes.</p>	