









MCW October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 X marks the spot 1:30 Documentary 3:30 Music appreciation	2 11:00 Snakes & ladders 1:30 Quizzes 2:45 Exercise w physio 3:30 Pamper session	SMILE DAY 3 10:30 Singalong 1:30 Animal farm 	4 1:30 Movie Matinee: The Thursday Murder Club (NETFLIX)
5 11:30 Songs of praise 1:30 Movie Matinee: The Golden Compass (NETFLIX)	6 11:00 Active games 1:30 Ladies group 3:00 Men's group 	7 11:00 Dominoes 1:30 Afternoon tea with Veronica 3:30 Exercise with physio	8 11:00 Noodle ring toss 1:30 Bingo! 3:30 Request a song	9 11:00 Baptist Church 1:30 Coin toss goodies 2:45 Exercise w physio 3:30 Room visits	10 10:30 Singalong 1:30 Spring craft with VLH 	11 1:30 Movie Matinee: The Art of Racing in the Rain (NETFLIX)
12 11:30 Songs of praise 1:30 Movie Matinee: Junior (NETFLIX)	13 11:00 Active games 1:30 Ladies group 3:00 Men's group	14 11:00 Bowls 1:00 Bunnings visit 2:00 Resident & Relative Meeting 3:30 Exercise w physio	15 11:00 Ball sort challenge 1:30 Bingo! 3:30 Request a song 	16 11:00 Snakes & ladders 1:30 High tea – Breast Cancer Awareness 2:45 Exercise w physio 	17 10:30 Singalong 1:30 Sunflower craft with VLH	18 1:30 Movie Matinee: Holiday in the Wild (NETFLIX)
19 11:30 Songs of praise 1:30 Movie Matinee: Shall we Dance? (NETFLIX)	DIWALI 20 11:00 Active games 1:30 Diwali High Tea 3:00 Men's group 	21 11:00 Dice games 1:30 Afternoon tea with Veronica 3:30 Exercise with physio	22 11:00 Hoop-de-balloon 1:30 Bingo! 3:30 Musical roulette	23 11:00 Snakes & ladders 2:00 Church of Christ 3:30	24 10:30 Singalong 1:30 Poppy making with VLH	25 1:30 Movie Matinee: The Karate Kid (NETFLIX)
26 11:30 Songs of praise 1:30 Movie Matinee: E.T. (NETFLIX)	27 11:00 Active games 1:30 Ladies group 3:30 Men's group	28 11:00 White games 1:30 Alby's Café and Op shop 3:30 Exercise w physio	29 11:00 Darts 1:30 Bus outing 3:30 Room visits	SPOOKY EVE 30 11:00 Visit from NIDO 1:30 Trick or treat 2:45 Exercise w physio 	31 10:30 Singalong 1:30 Decorate your walker with VLH	*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes. All walks are subject to weather.