







VLH December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Quizzes 1:30 Bingo! 3:00 Room visits 3:15 Men's group	2 11:15 Exercise w physio 1:30 Christmas photobooth 3:00 Festive word games	3 10:00 Walking group 11:15 Exercise group 1:30 Bingo! 3:00 Room visits	4 11:00 Floor games 1:30 Christmas music appreciation 3:00 Trivia	5 10:00 Exercise w physio 10:45 Singalong w Rob 2:00 Catholic Mass	6 1:30 Movie Matinee: 'The Christmas Chronicles' (NETFLIX)
7 11:30 Songs of praise 1:30 Movie Matinee: 'The Christmas Chronicles 2' (NETFLIX)	8 11:00 Snakes & ladders 1:30 Bingo! 3:00 Quizzes 3:15 Men's group	9 11:15 Exercise w physio 1:15 Bunnings craft 3:00 Festive word games	10 10:00 Walking group 11:15 Exercise group 1:30 Bingo! 3:00 Room visits	11 10:00 Walking group 11:00 Baptist Church 1:30 Christmas Shopping Trolley 3:00 Room visits	12 10:00 Exercise w physio 10:45 Singalong w Rob 2:00 Christmas craft with MCW	13 1:30 Movie Matinee: 'The Princess Switch' (NETFLIX)
14 11:30 Songs of praise 1:30 Movie Matinee: 'The Princess Switch Switched Again' (NETFLIX)	15 11:00 Snakes & ladders 1:30 Bingo! 3:00 Afternoon walking group	16 1:30 Christmas Party with entertainer: Alex Kyle 	17 10:00 Walking group 11:00 Exercise group 1:30 Bingo! 3:00 Room visits	18 10:45 Visit from NIDO 1:30 Christmas trivia 3:00 Festive activity booklets	19 10:00 Exercise w physio 11:00 Communion 2:00 Festive Drinks & Delights	20 1:30 Movie Matinee: 'The Muppet Christmas Carol' (NETFLIX)
21 11:30 Songs of praise 1:30 Movie Matinee: 'Home Alone' (DISNEY+)	22 11:00 Snakes & ladders 2:00 Food Focus Meeting 3:00 Afternoon walking group	23 11:15 Exercise w physio 1:30 Bingo! 3:00 Word games	CHRISTMAS EVE 24 11:00 Christmas Choir 2:00 A Very Merry High Tea 	CHRISTMAS DAY 25 PUBLIC HOLIDAY 1:30 Movie Matinee: 'The Santa Clause' (DISNEY+) 	BOXING DAY 26 PUBLIC HOLIDAY 1:30 Movie Matinee: 'All I need for Christmas' (NETFLIX)	27 1:30 Movie Matinee: 'The Portable Door' (STAN)
28 11:30 Songs of praise 1:30 Movie Matinee: 'The Secret Garden' (STAN)	29 11:00 Snakes & ladders 11:30 Ladies lunch outing 1:30 Bingo! 3:00 Room visits	30 11:15 Exercise w physio 1:30 Bingo! 3:00 Word games	NYE 31 11:00 Floor games 1:30 Cheers to the New Year 			*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes. All walks are subject to weather.