




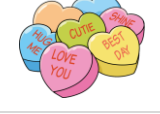






# MCW February 2026

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|---|--|--|--|---|
|    |  |   |  |  |  |   |
| <p>*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes.<br/>All walks are subject to weather.</p>   |  |   |  |  |  |   |
| <p>1</p> <p>11:30 Songs of praise</p> <p>1:30 Movie Matinee:<br/>'West Side Story'<br/>(DISNEY+)</p>   | <p>2</p> <p>11:00 Active games</p> <p>1:30 Ladies group</p> <p>3:00 Men's group</p>     | <p>3</p> <p>11:00 Card games</p> <p>1:30 Afternoon tea with<br/>Veronica</p> <p>3:30 Exercise w physio</p>  | <p>4</p> <p>11:00 Find the Ace</p> <p>1:30 Bingo with Jana</p> <p>3:00 Room visits</p>   | <p>5</p> <p>11:00 Snakes &amp; ladders</p> <p>1:30 Scrabble</p> <p>2:45 Exercise w physio</p>  | <p>6</p> <p>10:30 Singalong</p> <p>2:00 Catholic Mass</p>  | <p>7</p> <p>1:30 Movie Matinee:<br/>'The Absent-Minded<br/>Professor'<br/>(DISNEY+)</p>   |
| <p>8</p> <p>11:30 Songs of praise</p> <p>1:30 Movie Matinee:<br/>'Rodgers &amp;<br/>Hammerstein's<br/>Cinderella (DISNEY+)</p>   | <p>9</p> <p>11:00 Active games</p> <p>1:30 Ladies group</p> <p>3:00 Men's group</p>  | <p>10</p> <p>11:00 Word games</p> <p>1:30 Afternoon tea with<br/>Veronica</p> <p>3:30 Exercise w physio</p>   | <p>11</p> <p>11:00 Snakes &amp; ladders</p> <p>1:30 Bingo!</p>  <p>3:00 Room visits</p> | <p>12</p> <p>11:00 Baptist Church</p> <p>1:30 Beetle</p> <p>2:45 Exercise w physio</p>   | <p>13</p> <p>10:30 Singalong</p> <p>1:30 Valentines High Tea</p>  | <p>VALENTINES DAY 14</p> <p>1:30 Movie Matinee:<br/>Letters to Juliet<br/>(NETFLIX)</p>  |
| <p>15</p> <p>11:30 Songs of praise</p> <p>1:30 Movie Matinee<br/>'Eddie the Eagle'<br/>(DISNEY+)</p>   | <p>16</p> <p>11:00 Active games</p> <p>1:30 Ladies group</p> <p>3:00 Men's group</p>  | <p>17</p> <p>11:00 Card games</p> <p>2:00 Resident &amp; Relative<br/>Meeting</p> <p>3:30 Exercise w physio</p>   | <p>18</p> <p>11:00 Snakes &amp; ladders</p> <p>1:30 Bus outing to The<br/>Greenery</p> <p>3:00 Room visits</p>   | <p>OLYMPIC DAY 19</p> <p>11:00 Curling &amp; quiz</p> <p>1:30 Cross country ski<br/>trek</p>  <p>2:45 Exercise w physio</p> | <p>20</p> <p>10:30 Singalong</p> <p>1:30 Communion</p> <p>2:30 Music appreciation</p>  | <p>21</p> <p>1:30 Movie Matinee:<br/>'Miracle'<br/>(DISNEY+)</p>  |
| <p>22</p> <p>11:30 Songs of praise</p> <p>1:30 Movie Matinee<br/>'Hamilton'<br/>(DISNEY+)</p>  | <p>23</p> <p>11:00 Active games</p> <p>1:30 Ladies group</p> <p>3:00 Men's group</p>   | <p>24</p> <p>11:00 Word games</p> <p>1:30 Afternoon tea with<br/>Veronica</p>  <p>3:30 Exercise w physio</p> | <p>25</p> <p>11:00 Snakes &amp; ladders</p> <p>1:30 Bingo!</p> <p>3:00 Room visits</p>   | <p>26</p> <p>10:45 Visit from NIDO</p> <p>2:00 Church of Christ</p> <p>3:00 Room visits</p>  | <p>27</p> <p>10:30 Singalong</p> <p>1:30 Craft group with<br/>VLH</p>  | <p>28</p> <p>1:30 Movie Matinee:<br/>'Mrs Doubtfire'<br/>(DISNEY+)</p>  |