

MCW February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes. All walks are subject to weather.
1 11:30 Songs of praise 1:30 Movie Matinee: 'West Side Story' (DISNEY+)	2 11:00 Active games 1:30 Ladies group 3:00 Men's group 	3 11:00 Card games 1:30 Afternoon tea with Veronica 3:30 Exercise w physio	4 11:00 Find the Ace 1:30 Bingo with Jana 3:00 Room visits	5 11:00 Snakes & ladders 1:30 Scrabble 2:45 Exercise w physio	6 10:30 Singalong 2:00 Catholic Mass	7 1:30 Movie Matinee: 'The Absent-Minded Professor' (DISNEY+)
8 11:30 Songs of praise 1:30 Movie Matinee: 'Rodgers & Hammerstein's Cinderella (DISNEY+)	9 11:00 Active games 1:30 Ladies group 3:00 Men's group	10 11:00 Word games 1:30 Afternoon tea with Veronica 3:30 Exercise w physio	11 11:00 Snakes & ladders 1:30 Bingo!  3:00 Room visits	12 11:00 Baptist Church 1:30 Beetle 2:45 Exercise w physio	13 10:30 Singalong 1:30 Valentines High Tea 	14 VALENTINES DAY 1:30 Movie Matinee: Letters to Juliet (NETFLIX) 
15 11:30 Songs of praise 1:30 Movie Matinee 'Eddie the Eagle' (DISNEY+)	16 11:00 Active games 1:30 Ladies group 3:00 Men's group 	17 11:00 Card games 2:00 Resident & Relative Meeting 3:30 Exercise w physio	18 11:00 Snakes & ladders 1:30 Bus outing to The Greener 3:00 Room visits	19 OLYMPIC DAY 11:00 Curling & quiz 1:30 Cross country ski trek  2:45 Exercise w physio	20 10:30 Singalong 1:30 Communion 2:30 Music appreciation	21 1:30 Movie Matinee: 'Miracle' (DISNEY+)
22 11:30 Songs of praise 1:30 Movie Matinee 'Hamilton' (DISNEY+)	23 11:00 Active games 1:30 Ladies group 3:00 Men's group 	24 11:00 Word games 1:30 Afternoon tea with Veronica 3:30 Exercise w physio	25 11:00 Snakes & ladders 1:30 Bingo! 3:00 Room visits	26 10:45 Visit from NIDO 2:00 Church of Christ 3:00 Room visits	27 10:30 Singalong 1:30 Craft group with VLH	28 1:30 Movie Matinee: 'Mrs Doubtfire' (DISNEY+)