

VLH March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 11:30 Songs of praise 1:30 Movie Matinee: "Jungle Cruise" *Disney	2 10:00 Walking group 11:00 Word games 1:30 Bingo! 3:30 Keep it up	3 10:00 Walking group 11:15 Physio group 1:30 Games with Jana 3:30 Documentary	4 10:00 Walking group 11:15 Exercise group 1:00 Documentary 3:30 Room visits	5 10:00 Walking group 11:00 Jumbo dice game 1:30 Quiz 3:30 1:1 Short walks	6 10:00 Physio group 10:45 Singalong w Rob 2:00 Catholic Mass	7 1:30 Movie Matinee: "Splash" *Disney	
8 11:30 Songs of praise 1:30 Movie Matinee: "Greatest Showman" *Disney	9 LABOUR DAY PUBLIC HOLIDAY 1:30 Movie Matinee: "The Absent Minded Professor" *Disney	10 10:00 Walking group 11:15 Physio group 1:30 Bunnings Craft 3:30 Word games	11 10:00 Walking group 11:15 Exercise group 1:30 Bingo! 3:30 Nails and pamper	12 10:00 Walking group 11:00 Baptist Church 1:30 Quiz 3:30 1:1 short walks	13 10:00 Physio group 10:45 Singalong w Rob 1:30 Art & craft with MCW	14 1:30 Movie Matinee: "Sound of Music" *Disney	
15 11:30 Songs of praise 1:30 Movie Matinee: "Titanic" *Disney	16 *Footy Tipping* 10:00 Walking group 11:00 Bell Choir 1:30 Bingo! 3:30 Keep it up	17 ST PAT'S DAY 10:00 Walking group 11:15 Physio group 2:00 Irish Dancers 	18 10:00 Walking group 11:15 Exercise group 1:30 Bingo! 3:30 Nails and pamper	19 *Footy Tipping* 10:00 Walking group 11:00 Floor games 1:30 Quiz 3:30 Room visits	20 10:00 Physio group 11:00 Communion 2:00 Happy hour with Veronica	21 1:30 Movie Matinee: "Our Great National Parks" *Netflix	
22 11:30 Songs of praise 1:30 Movie Matinee: "Pretty Woman" *Disney	23 *Footy Tipping* 10:00 Walking group 10:45 Visit from NIDO 1:30 Bingo! 3:30 Keep it up	24 10:00 Walking group 11:15 Physio group 1:30 Bus outing to The Greenery	25 10:00 Walking group 11:15 Exercise group 1:30 Entertainer: Joe Casino 	26 *Footy Tipping* 10:00 Walking group 11:00 Jumbo dice game 2:00 Church of Christ	27 10:00 Physio group 11:00 Bell Choir 1:30 Art & craft with MCW	28 1:30 Movie Matinee: "Our Universe" *Netflix	
29 11:30 Songs of praise 1:30 Movie Matinee: "Home alone 2" *Disney	30 *Footy Tipping* 10:00 Walking group 11:00 Bell Choir 1:30 Bingo! 3:30 Keep it up	31 10: Walking group 11:15 Physio group 2:00 Alby's café				*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes. All walks are subject to weather.	