

VLH October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities subject to change. Please view the noticeboards that are updated daily.				1 11:00 Floor games 1:30 Lolly trolley  3:00 Afternoon walk	2 10:00 Exercise w physio 11:00 Quiz/word games 2:00 Catholic Mass	3 1:30 Resident's bingo
4 11:30 Songs of praise 1:30 Movie Matinee	5 10:45 Visit from NIDO 1:30 Bingo! 3:30 Afternoon walk	6 11:15 Exercise w physio 2:00 Bell Choir *Library trolley	7 11:30 Bus outing 1:30 Bingo! 3:30 1:1 Room visits	8 11:00 Baptist Church 1:30 Ice cream parlor 	9 10:00 Exercise w physio 11:00 Singalong w Rob 2:00 Happy hour	10 1:30 Resident's bingo 
11 11:30 Songs of praise 1:30 Movie Matinee	12 11:00 Quiz/word games 2:00 High Tea 	13 11:15 Exercise w physio 2:00 Residents Meeting 3:30 1:1 room visits *Library trolley	14 11:00 Bell choir 1:30 Bingo! 3:30 Keep it up!	15 11:00 Jumbo dice game 1:30 Movie Matinee 3:30 1:1 Room visits	16 10:00 Exercise w physio 11:00 Communion 2:00 Balloon making	17 1:30 Resident's bingo
18 11:30 Songs of praise 1:30 Movie Matinee	CIRCUS WEEK 19 11:00 Circus trivia 1:30 Bingo! 3:30 Afternoon walk 	20 11:15 Exercise w physio  2:00 Circus craft group *Library trolley	21 11:00 Spin the wheel! 2:00 Mobile Farm 	22 11:00 Circus photobooth  2:00 Day at the circus	23 10:00 Exercise w physio 11:00 Singalong w Rob 2:00 Happy hour	24 1:30 Resident's bingo
25 11:30 Songs of praise 1:30 Movie Matinee	26 10:45 Visit from NIDO 1:30 Bingo! 3:30 Afternoon walk	27 11:15 Exercise w physio 1:30 Quiz/word games *Library trolley	28 11:00 Bell choir 1:30 Bingo! 3:30 Keep it up!	29 11:00 Jumbo dice game 2:00 Church of Christ	30 10:00 Exercise w physio 2:00 Happy hour	31 1:30 Resident's bingo 